

MSES 530 : Advanced Sport & Behavioral Psychology

This course will help you gain an understanding of the concepts and application of advanced sport and behavioral psychology. Utilizing a variety of learning opportunities and experiences ranging from formal teaching to more activity-based and experiential learning, you will utilize knowledge of behavioral techniques that can be applied to enhance sport and exercise performance. Application of the techniques to both individual and group situations is considered via emphasis on real-life projects and practical applications.

Credits 3